| | Osmolarity | | | Ionic concentrations (mM) | | | | | | |
|--------------------------|---------------|--------|-----------------|---------------------------|-----------|-----------|------|------------------------|-----------------------|------|
| | Habitat* | (mosM) | Na ⁺ | K+ | Ca^{2+} | Mg^{2+} | Cl- | $\mathrm{SO}_4{}^{2-}$ | HPO_4^{2-} | Urea |
| Seawater† | | 1000 | 460 | 10 | 10 | 53 | 540 | 27 | | |
| Coelenterata | | | | | | | | | | |
| Aurelia (jellyfish) | SW | | 454 | 10.2 | 9.7 | 51.0 | 554 | 14.6 | | |
| Echinodermata | | | | | | | | | | |
| Asterias (starfish) | SW | | 428 | 9.5 | 11.7 | 49.2 | 487 | 26.7 | | |
| Annelida | | | | | | | | | | |
| Arenicola (lugworm) | SW | | 459 | 10.1 | 10.0 | 52.4 | 537 | 24.4 | | |
| Lumbricus (earthworm) | Ter. | | 76 | 4.0 | 2.9 | | 43 | | | |
| Mollusca | | | | | | | | | | |
| Aplysia (sea slug) | SW | | 492 | 9.7 | 13.3 | 49 | 543 | 28.2 | | |
| Liligo (squid) | \mathbf{SW} | | 419 | 20.6 | 11.3 | 51.6 | 522 | 6.9 | | |
| Anodonta (clam) | \mathbf{FW} | | 15.6 | 0.49 | 8.4 | 0.19 | 11.7 | 0.73 | | |
| Crustacea | | | | | | | | | | |
| Cambarus (crayfish) | \mathbf{FW} | | 146 | 3.9 | 8.1 | 4.3 | 139 | | | |
| <i>Homarus</i> (lobster) | SW | | 472 | 10.0 | 15.6 | 6.7 | 470 | | | |
| Insecta | | | | | | | | | | |
| Locusta | Ter. | | 60 | 12 | 17 | 25 | | | | |
| Periplanta (cockroach) | Ter. | | 161 | 7.9 | 4.0 | 5.6 | 144 | | | |
| Cyclostomata | | | | | | | | | | |
| Eptatretus (hagfish) | SW | 1002 | 554 | 6.8 | 8.8 | 23.4 | 532 | 1.7 | 2.1 | 3 |
| Lampetra (lamprey) | \mathbf{FW} | 248 | 120 | 3.2 | 1.9 | 2.1 | 96 | 2.7 | | 0.4 |

Composition of extracellular fluids of representative animals* Table 14-1

* The osmolarity and composition of seawater vary, and the values given here are not intended to be absolute. The composition of body fluids of osmoconformers will also vary, depending on the composition of the seawater in which they are tested.

† SW = seawater; FW = freshwater; Ter. = terrestrial.

Sources: Schmidt-Nielsen and Mackay, 1972; Prosser, 1973.

| | Osmolarity | | | | Ionic concentrations (mM) | | | | | |
|---|--------------------|-------------------|---|---|---------------------------|---|---|--------------------------------------|---|---|
| | Habitat* | (mosM) | Na ⁺ | K+ | Ca^{2+} | Mg^{2+} | Cl- | SO_4^{2-} | HPO_4^{2-} | Urea |
| Seawater† | | 1000 | 460 | 10 | 10 | 53 | 540 | 27 | | |
| Chondrichthyes | | | | | | | | | | |
| Dogfish shark Carcharhinus | SW FW | 1075 | 269 200 | $\frac{4.3}{8}$ | 3.2 3 | $\begin{array}{c} 1.1 \\ 2 \end{array}$ | $\begin{array}{c} 258 \\ 180 \end{array}$ | $egin{array}{c} 1 \ 0.5 \end{array}$ | $\begin{array}{c} 1.1 \\ 4.0 \end{array}$ | $\frac{376}{132}$ |
| Coelacantha | | | | | | | | | | |
| Latimeria | SW | | 181 | 51.3 | 6.9 | 28.7 | 199 | | | 355 |
| Teleostei | | | | | | | | | | |
| Paralichthys (flounder) Carassius (goldfish) | SW FW | 337 293 | $\frac{180}{142}$ | $\frac{4}{2}$ | 3 6 | $\frac{1}{3}$ | $\frac{160}{107}$ | 0.2 | | |
| Amphibia | | | | | | | | | | |
| Rana esculenta (frog) Rana cancrivora | FW FW 80% SW | 210 290 830 | 92 125 252 | 3 9 14 | 2.3 | 1.6 | $70 \\ 98 \\ 227$ | | | $\begin{array}{c}2\\40\\350\end{array}$ |
| Reptilia | | | | | | | | | | |
| Alligator | \mathbf{FW} | 278 | 140 | 3.6 | 5.1 | 3.0 | 111 | | | |
| Aves | | | | | | | | | | |
| Anas (duck) | \mathbf{FW} | 294 | 138 | 3.1 | 2.4 | | 103 | | 1.6 | |
| Mammalia | | | | | | | | | | |
| <i>Homo sapiens</i> Lab rat | Ter. Ter. | | $\begin{array}{c} 142 \\ 145 \end{array}$ | $\begin{array}{c} 4.0 \\ 6.2 \end{array}$ | $5.0 \\ 3.1$ | $2.0 \\ 1.6$ | $\begin{array}{c} 104 \\ 116 \end{array}$ | 1, | 2 | |

Composition of extracellular fluids of representative animals* Table 14-1

* The osmolarity and composition of seawater vary, and the values given here are not intended to be absolute. The composition of body fluids of osmoconformers will also vary, depending on the composition of the seawater in which they are tested.

† SW = seawater; FW = freshwater; Ter. = terrestrial.

Sources: Schmidt-Nielsen and Mackay, 1972; Prosser, 1973.

| Electrolytes | $\begin{array}{c} \operatorname{Serum} \\ (\operatorname{meq} \cdot \operatorname{kg}^{-1} \operatorname{H}_2 \operatorname{O}) \end{array}$ | Interstitial fluid (meq \cdot kg ⁻¹ H ₂ O) | Intracellular fluid (muscle) $(meq \cdot kg^{-1} H_2O)$ |
|-----------------|--|--|---|
| Cations | | | |
| Na ⁺ | 142 | 145 | 10 |
| K^+ | 4 | 4 | 156 |
| Ca^{2+} | 5 | | 3 |
| Mg^{2+} | 2 | | 26 |
| Totals | 153 | 149 | 195 |
| Anions | | | |
| Cl- | 104 | 114 | 2 |
| HCO_3^- | 27 | 31 | 8 |
| HPO_4^{2-} | 2 | | 95 |
| SO_4^{2-} | 1 | | 20 |
| Organic acids | 6 | | |
| Proteins | 13 | | 55 |
| Totals | 153 | 145 | 180 |

Table 14-2 Electrolyte composition of the human body fluids

Note: Some of the ions contained within cells are not completely dissolved within the cytosol, but may be partially sequestered within cytoplasmic organelles. Thus, the true free Ca^{2+} concentration in the cytosol is typically below the overall value given in the table for intracellular Ca^{2+} . Failure of anion and cation totals to agree reflects incomplete tabulation.



| under | under desert conditions | | | | | | |
|------------------------------------|--|-----------------|--|--|--|--|--|
| Species | Water loss $(mg \cdot cm^{-2} \cdot h^{-1})$ | Remarks* | | | | | |
| Arthropods | | | | | | | |
| Eleodes armata (beetle) | 0.20 | 30°C; 0% r.h. | | | | | |
| Hadrurus arizonensis (scorpion) | 0.02 | 30°C; 0% r.h. | | | | | |
| Locusta migratoria (locust) | 0.70 | 30°C; 0% r.h. | | | | | |
| Amphibians | | | | | | | |
| Cyclorana alboguttatus (frog) | 4.90 | 25°C; 100% r.h. | | | | | |
| Reptiles | | | | | | | |
| Gehrydra variegata (gecko) | 0.22 | 30°C; dry air | | | | | |
| Uta stansburiana (lizard) | 0.10 | 0°C | | | | | |

Table 14-3Evaporative water loss of
representative animals
under desert conditions

° r.h. stands for relative humidity. Where not indicated, relative humidity is not available.

[†] The cactus mouse and African oryx are desert animals and employ various water-conservation measures. Thus their evaporative water loss is much less than that of humans.

Source: Hadley, 1972.

| representative animals under desert conditions | | | | | | |
|---|---------------------|--|---|--|--|--|
| Species | | Water loss $(mg \cdot cm^{-2} \cdot h^{-1})$ | Remarks* | | | |
| Birds | | | | | | |
| Amphispiza belli (sparrow) | | 1.48 | 30°C | | | |
| Phalaenpitus nut (poorwill) | talllii | 0.86 | 30°C | | | |
| Mammals† | | | | | | |
| Peromyscus erem (cactus mous | n <i>icus</i> e) | 0.66 | 30°C | | | |
| Oryx beisa (African oryx) |) | 3.24 | 22°C | | | |
| Homo sapiens | | 22.32 | 70 kg; nude, sitting in sun; 35°C | | | |

Evaporative water loss of T-1.1. 14 2

* r.h. stands for relative humidity. Where not indicated, relative humidity is not available.

[†] The cactus mouse and African oryx are desert animals and employ various water-conservation measures. Thus their evaporative water loss is much less than that of humans.

Source: Hadley, 1972.





Table 14-4Production of metabolic water
during oxidation of foods

| | Food | | | |
|---|---------------|-------|----------|--|
| | Carbohydrates | Fats | Proteins | |
| Grams of metabolic water per gram of food | 0.56 | 1.07 | 0.40 | |
| Kilojoules expended per gram of food | 17.58 | 39.94 | 17.54 | |
| Grams of metabolic water per kilojoule expended | 0.032 | 0.027 | 0.023 | |

Source: Edney and Nagy, 1976.





| Type of animal | Blood concentration relative to environment | Urine concentration relative to blood | Osmoregulatory mechanisms | |
|------------------------|---|---------------------------------------|------------------------------|--|
| Marine elasmobranch | Slightly hyperosmotic | Iso-osmotic | | Does not drink seawater _ Hyperosmotic NaCl from rectal gland |
| Marine teleost | Hypo-osmotic | Iso-osmotic | - | Drinks seawater Secretes salt from gills |
| Freshwater teleost | Hyperosmotic | Hypo-osmotic | | Drinks no water – Absorbs salt with gills |
| Amphibian | Hyperosmotic | Hypo-osmotic | | Absorbs salt through skin |
| Marine reptile | Hypo-osmotic | Iso-osmotic | | - Drinks seawater - Hyperosmotic salt-gland secretion |
| Desert mammal | - | Hyperosmotic | | Drinks no water Depends on metabolic water |
| Marine mammal | Hypo-osmotic | Hyperosmotic | t je | Does not drink seawater |
| Marine bird | _ | Hyperosmotic | | - Drinks seawater _ Hyperosmotic _ salt-gland secretion |
| Terrestrial bird | - | Hyperosmotic | | - Drinks freshwater |



(b)



Animal remains in cool burrow during daytime

> Respiratory moisture condensed in nasal passages

Free water in seeds Urine concentrated by countercurrent exchange in extralong loop of Henle Metabolic water derived from dry seeds

Feces dehydrated prior to defecation

Table 14-5Sources of water gain and lossby the kangaroo rat

| Gains | | Losses | |
|-----------------------------|---------------------|------------------------------|---------------------|
| Metabolic water | 90% | Evaporation and perspiration | 70% |
| Free water in "dry" food | 10% | Urine | 25% |
| Drinking | $\frac{0\%}{100\%}$ | Feces | $\frac{5\%}{100\%}$ |

Source: Schmidt-Nielsen, 1972.



Time (days)

(a)

(b)



















(a) Juxtamedullary nephron (b) Cortical nephron









Table 14-7Balance sheet of pressures
(in mm Hg) involved
in glomerular ultrafiltration

| | Salamander | Human |
|-------------------------------|------------|-------|
| Glomerular capillary pressure | 17.7 | 55 |
| Intracapsular pressure | -1.5 | -15 |
| Net hydrostatic pressure | 16.2 | 40 |
| Colloid osmotic pressure | -10.4 | -30 |
| Net filtration pressure | 5.8 | 10. |

Source: Pitts, 1968; Brenner et al., 1971.



Table 14-8Relation between the molecular size of a substance and the ratio
of its concentration in the filtrate appearing in Bowman's capsule
to its concentration in the plasma [filtrate]/[filtrand]

| Substance | Mol. wt. | Radius from diffusion coefficient (nm) | Dimensions from X-ray diffraction (nm) | [filtrate] [filtrand] |
|---------------|----------|--|--|--------------------------|
| Water | 18 | 0.11 | | 1.0 |
| Urea | 62 | 0.16 | | 1.0 |
| Glucose | 180 | 0.36 | | 1.0 |
| Sucrose | 342 | 0.44 | | 1.0 |
| Insulin | 5500 | 1.48 | ⊢54⊣ | 0.98 |
| Myoglobin | 17,000 | 1.95 | | 0.75 |
| Egg albumin | 43,500 | 2.85 | | 0.22 |
| Hemoglobin | 68,000 | 3.25 | €54≯ 1 32 | 0.03 |
| Serum albumin | 69,000 | 3.55 | <u>€150</u> 36 | < 0.01 |

Source: Pitts, 1968.





Micropipette is inserted and oil is injected until it enters proximal tubule.




After 20 minutes, second fluid forces a second oil droplet forward, driving perfusion fluid forward.

З



Ability of the tubule segment to reabsorb or secrete substances is determined by comparing composition of perfusate before and after injection.



Ability of the tubule segment to reabsorb or secrete substances is determined by comparing composition of perfusate before and after injection.





GFR And eGFR - Estimated glomerular filtration rate

Good resource: <u>https://www.kidney.org/atoz/content/gfr</u>

Inulin clearance using a constant-infusion urinary clearance approach has long been regarded as the gold standard measure of GFR.

Only filtered and not secreted and without being reabsorbed by the renal tubules.

<u>http://www.experimentalphysiology.gr/UserFiles/IntColla</u> bor/Sullivan/Renal%20Physiol%20III.pdf

MEASUREMENT OF FILTRATION

The rate of fluid filtration, GFR, can be measured with the use of inulin. The rate at which inulin is filtered, GFR x P_{in},

equals the rate it is excreted, U_{in} x V.

 $GFR \times P_{in} = U_{in} \times V$ $GFR = U_{in}V / P_{in}$

Units are volume / time: ml / min, L / day.



MEASUREMENT OF REABSORPTION

The rate of reabsorption of a solute, T_s , is the difference between the rate of its filtration, GFR x P_s , and the rate of its excretion, $U_s x V$.

$$T_s = (GFR \times P_s) - (U_s \times V)$$

Units are mass / time: mg / min, mMoles / min.



MEASUREMENT OF SECRETION

The rate of secretion of a solute, Ts, is the difference between the rate of excretion, $U_s \times V$, and the rate of filtration, GFR x P_s.

$$T_s = (U_s \times V) - (GFR \times P_s)$$

Units are mass / time: mg / min, mMoles / min.



MEASUREMENT OF RENAL FUNCTION

- CLEARANCE is a term used to describe the rate of removal or 'clearing' of a substance from the blood. It is often used to measure the efficiency of the kidney in removing a substance from the blood.
- DEFINITION: <u>Volume</u> of plasma cleared of a substance per <u>unit time.</u>
- Clearance = excretion rate / plasma concentration.

$$C_s = U_s V / P_s$$

• UNITS: (µmoles/min) / (µmoles/ml) = ml/min

CLEARANCE RATES

Clearance rates of substances may or may not vary with changes in their plasma concentration.

- A. The clearance of a substance that is neither reabsorbed or secreted does not change when the plasma concentration changes.
- B. The clearance of a substance that is reabsorbed tends to increase when the plasma concentration rises.
- C. The clearance of a substance that is secreted tends to fall when the plasma concentration rises.



PLASMA CONCENTRATION

GLUCOSE CLEARANCE

A. All filtered glucose is reabsorbed at plasma concentrations below 250 mg/dl.

The reabsorptive mechanism becomes saturated at plasma concentrations above 350 mg/dl. The maximum transport rate (Tm_g) is about 375 mg/min. Glucose begins to appear in the urine at about 250 mg/min.

B. The clearance of glucose (C_g) is 0 when the plasma concentration is below 250mg/dl because no glucose is excreted. Above that concentration C_g rises and begins to approach the clearance of inulin (C_{in}) .



USE OF CREATININE TO MEASURE GFR

Major Advantage: An endogenous substance present in body fluids at concentrations that normally vary little. Thus does not require an IV infusion as inulin does.

Most of the excreted creatinine has been filtered and none is reabsorbed.

Major Disadvantage: Creatinine is secreted by the proximal tubule to a slight extent. Thus the creatinine clearance may exceed the GFR.

When glomerular function is reduced, the fraction of the creatinine clearance due to secretion increases, raising the error in GFR determination.

Certain drugs affect the secretion of creatinine.

Problems in quantitative collection of all urine produced during a clearance period complicate determination of clearance.

UTILITY OF PLASMA CREATININE MEASUREMENT



CLINICAL METHODS FOR ESTIMATING GFR

<u>MDRD Formula:</u> Measurements needed: S_{cr}, BUN, Alb.

GFR (ml/min/1.73 m²) = 170 Scr^{-0.999} x Age^{-0.176} x BUN^{-0.17} x Alb^{0.318} Multiply by 0.762 if female; 1.18 if African-American

If BUN and Alb are not available:

GFR (ml/min) = 186 Scr^{-1.154} x Age^{-0.203} Multiply by 0.742 if female; 1.21 if African-American

<u>Cockroft-Gault formula:</u> Measurements needed: S_{cr}

 C_{cr} (ml/min) = ((140-Age) x kg bw)/(72 S_{cr} (mg/dl))

blood urea nitrogen (BUN) test measures the amount of nitrogen in your blood that comes from the waste product urea.

The Cockcroft and Gault formula (1973)

 $C_{Cr} = \{((1 40 - age) x weight)/(72xS_{Cr})\} x 0.85 (if female)$ Abbreviations/ Units

 C_{Cr} (creatinine clearance) = mL/minute

Age = years

Weight = kg

SCr (serum creatinine) = mg/dL

Why isn't the Cockcroft-Gault formula recommended for clinical use?

•The Cockcroft-Gault (CG) formula has not been expressed using standardized creatinine values. This means it will give inaccurate results. It is not recommended for clinical use. https://www.niddk.nih.gov/health-information/professionals/clinical-tools-patientmanagement/kidney-disease/laboratory-evaluation/glomerular-filtrationrate/creatinine-standardization/recommendations

isotope dilution mass spectrometry (IDMS) chromium-51–labeled ethylenediaminetetraacetic acid

IDMS-traceable MDRD Study Equation

Conventional Units (creatinine as mg/dL; age in years): GFR (mL/min/1.73 m²) = $175 \times (S_{cr})^{-1.154} \times (Age)^{-0.203} \times (0.742 \text{ if female}) \times (1.212 \text{ if African American})$

SI Units (creatinine as $\mu mol/L$; age in years): GFR (mL/min/1.73 m²) = **175** × (S_{cr}/88.4)^{-1.154} × (Age)^{-0.203} × (0.742 if female) × (1.212 if African American)

Modification of Diet in Renal Disease (MDRD)

https://academic.oup.com/ndt/article/24/10/3055/1815967

See the reasons not good to use BSA

Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI)

CKD-EPI Equation

Note: the CKD-EPI equation can also be expressed as a series of equations applicable to specific creatinine and race combinations. <u>View the CKD-EPI equation as a series of equations</u>.

Conventional Units (creatinine as mg/dL; age in years):

GFR = $141 \times \min(S_{cr}/\kappa, 1)^{\alpha} \times \max(S_{cr}/\kappa, 1)^{-1.209} \times 0.993^{Age} \times 1.018$ [if female] × 1.159 [if black]

where:

 S_{cr} is serum creatinine in mg/dL,

 κ is 0.7 for females and 0.9 for males,

 α is -0.329 for females and -0.411 for males,

min indicates the minimum of $S_{cr}\,/\kappa$ or 1, and

max indicates the maximum of S_{cr} / κ or 1.

SI Units (creatinine as µmol/L; age in years):

GFR = $141 \times \min(S_{cr}/\kappa, 1)^{\alpha} \times \max(S_{cr}/\kappa, 1)^{-1.209} \times 0.993^{Age} \times 1.018$ [if female] × 1.159 [if black]

where:

 S_{cr} is serum creatinine in µmol/L, κ is 61.9 for females and 79.6 for males, α is -0.329 for females and -0.411 for males, min indicates the minimum of S_{cr} / κ or 1, and max indicates the maximum of S_{cr} / κ or 1. Para-aminohippurate (*PAH*) clearance.Only secreted not filtered. Has to be injected iv.Can examine if kidney is not secreting well.

We conclude that postischemic injury to the renal allograft results in profound impairment of E_{PAH} that persists for at least 7 days, even after the onset of recovery. An ensuing reduction in urinary PAH clearance results in a gross underestimate of renal plasma flow, which is close to the normal range in the initiation, maintenance, and recovery stages of this injury.....

https://journals.physiology.org/doi/full/10.1152/ajprenal.1999. 277.2.F312?rfr_dat=cr_pub++0pubmed&url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org



(b)

```
Angiotensinogen (Renin substrate)
Asp-Arg-Val-Tyr-IIe-His-Pro-Phe-His-Leu-Val-Tyr-Ser-Protein
Angiotensin I
Asp-Arg-Val-Tyr-IIe-His-Pro-Phe-His-Leu
Angiotensin II
Asp-Arg-Val-Tyr-IIe-His-Pro-Phe
Asp-Arg-Val-Tyr-IIe-His-Pro-Phe
```



https://www.khanacademy.org/test-prep/mcat/organsystems/renal-regulation-of-blood-pressure/v/renin-productionin-the-kidneys Need to watch.... 3 triggers to increase Renin. How is the negative feedback accomplished with renin?





| Anions Endogenous | Cations Endogenous |
|-----------------------------|------------------------------|
| Urates | Dopamine |
| Hippurates | Epinephrine |
| Oxalate | Norepinephrine |
| Prostaglandins | Creatinine |
| cAMP | |
| Exogenous | Exogenous |
| Furosemide | Morphine |
| Bumetanide | Amiloride |
| Penicillin | Quinine |
| Aspirin | Atropine |
| Chlorothiazides | Isoproterenol |

Table 14-9Some organic ions secreted by the
proximal tubule

Probenecid was developed in the 1940s and used during World War II to prolong the life of penicillin and is now used to treat gout.

https://www.acs.org/content/acs/en/education/whatischemistry/land marks/flemingpenicillin.html

.....the War Production Board (WPB) in 1943 to take responsibility for increased production of the drug (Penicillin).

Similarities with the war production act to produce COVID vaccine <u>https://www.npr.org/sections/health-</u> <u>shots/2021/03/13/976531488/defense-production-act-speeds-up-</u> <u>vaccine-production</u>

(a) A-type cells of kidney



(b) B-type cells of kidney


























Table 14-10Physiological acclimatizations that
accompany the movement of fish
to water of differing salinity

(A) From freshwater to seawater

- 1. The proton pump that powers active uptake of NaCl is down-regulated.
- The rise in the flux of Na⁺ into the body raises plasma Na⁺, stimulating an increase in plasma cortisol and growth hormone levels.
- 3. Hormones induce the proliferation of chloride cells and an increase in the infolding of their basolateral membranes.
- 4. The changes above cause an increase in the activity of the Na^+/K^+ pump and the secretion of NaCl.
- 5. Plasma Na⁺ levels return to normal.

Table 14-10Physiological acclimatizations that
accompany the movement of fish
to water of differing salinity

(B) From seawater to freshwater

- 1. The paracellular gaps between chloride and accessory cells close in response to low external Na⁺ levels, causing NaCl efflux to fall rapidly.
- 2. Plasma prolactin levels increase.
- 3. Prolactin causes the number of chloride cells to decrease and the apical pits to disappear.
- 4. As a result, the activity of the Na^+/K^+ pump falls.
- 5. Up-regulation of the proton pump returns the fish to the freshwater condition.



Crayfish antennal gland



Urine Release







(b)









- Direction of bulk water flow
- Net water transfer

Net KCI transfer

















